

























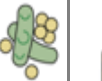

















DISHES AND THEIR ALLERGEN CONTENT 2021/2022

DISHES														
MAINS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Casserole		✓ Wheat					✓							
Chicken Pie		✓ Wheat					✓							
Chicken Curry		✓ Wheat					✓		✓					
Hunters Chicken		✓ Maize					✓							
Sweet & Sour Chicken	✓													
Chicken & Sweetcorn Tagliatelle		✓ Wheat		✓			✓							
Sweet Chilli Chicken Wrap		✓ Wheat												
Sweet & Sour Pork with Noodles	✓	✓ Wheat		✓			✓							
Meatballs In Tomato & Basil Sauce	✓			✓			✓		✓				✓	✓
Chicken & Broccoli Pasta Bake		✓ Wheat					✓							
BBQ Pulled Chicken or Pork in a Bun		✓ Wheat												
Chicken Fajitas		✓ Wheat							✓					
Chicken Wrap		✓ Wheat												
Turkey Curry		✓ Wheat					✓		✓					















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Homemade Margherita Pizza		✓ Wheat					✓							
French Bread Pizza		✓ Wheat					✓							
Pizza Wrap		✓ Wheat					✓							
Margherita Bruschetta		✓ Wheat		✓			✓						✓	
Homemade Quiche		✓ Wheat		✓			✓							
Fish Fingers		✓ Wheat			✓ Pollock									
Salmon Bites		✓ Wheat			✓ Salmon									
Salmon Fillet		✓ Wheat			✓ Salmon									
Cod & Salmon Fish Cakes		✓ Wheat			✓ Cod Salmon									
Fish Portion		✓ Wheat			✓ Whitefish									
Fish Cake		✓ Wheat			✓ Whitefish		✓		✓					
Gluten free fish fingers 206242C PPM = PARTS PER MILLION		✓ Wheat Less than 20ppm			✓ Cod Pollock									















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Veggie Roast of the Day with Yorkshire Pudding		✓ Wheat		✓			✓							
Veggie Mince with Yorkshire Pudding or Dumplings		✓ Wheat		✓			✓						✓	
Veggie Mince Pie		✓ Wheat		✓			✓						✓	
Meat Free Lasagne		✓ Wheat					✓						✓	
Veggie Sloppy Joe's in a Bun		✓ Wheat											✓	
Oven Baked Veggie Sausage													✓	
Quorn Casserole		✓ Wheat		✓			✓						✓	
Quorn & Vegetable Curry		✓ Wheat		✓			✓		✓				✓	
Quorn Curry		✓ Wheat		✓			✓						✓	
Quorn Pasta Bake		✓ Wheat		✓			✓						✓	
Quorn Fajita/Enchiladas		✓ Wheat							✓				✓	
Vegetable & Cheese bake		✓ Wheat					✓							















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Chocolate & Pear Sponge		✓ Wheat		✓			✓							
Peach / Fruit Sponge		✓ Wheat		✓			✓							
Jam / Syrup Sponge		✓ Wheat		✓			✓							
Vanilla Sponge		✓ Wheat		✓			✓							
Sticky Toffee Pudding		✓ Wheat		✓			✓							
Ginger/Lemon Cake		✓ Wheat		✓			✓							
Chocolate & Mandarin Puddle Cake		✓ Wheat		✓			✓							
Tutti Frutti Cake		✓ Wheat		✓			✓							
Carrot Cake		✓ Wheat		✓			✓							
Chocolate Cracknell		✓ Maize												
Apple Crumble		✓ Wheat					✓							
Fruity Rice Pudding							✓							
Chocolate Sauce							✓							
Custard							✓							















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Fruit Cheesecake		✓ Wheat					✓						✓	
Fruit Mousse Slice		✓ Wheat		✓			✓						✓	
Fruit Whip							✓							
Fruit Smoothie														
Fruity Flapjack		✓ Wheat					✓							
Fruity Muffin		✓ Wheat		✓			✓							
Fruit & Ice Cream							✓							
Ice Cream Roll		✓ Wheat		✓			✓						✓	
Homemade Biscuit		✓ Wheat					✓							
Chocolate Brownie		✓ Wheat		✓			✓						✓	
Fruit Meringue				✓			✓							
Glass of Milk							✓							
Frozen Yoghurt							✓							

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Jacobs Biscuits for Cheese		✓ Wheat					✓							
Jacobs Cream Crackers		✓ Wheat												
DIGESTIVE BISCUITS (CHEFS' SEL)		✓ Wheat					✓							
FAMILY CIRCLE		✓ Wheat					✓							
(Heritage) Rich Tea Biscuits		✓ Wheat												✓
Marmite Yeast Extract	✓	✓ Wheat												
Curry Powder (CS)		✓ Wheat					✓							
McDougalls Vegetarian Flavour Jelly							May contain Milk							

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PPM = PARTS PER MILLION